

Section: Division of Nursing

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**PROCEDURE**  
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HACKETTSTOWN REGIONAL MEDICAL CENTER

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**NEWBORN SERVICES**  
(Scope)

**TITLE: NEONATE WITH RDS**

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**PURPOSE:** To outline the procedure to stabilize the infant with RDS.

**SUPPORTIVE DATA:** Refer to procedures for administering O<sub>2</sub> to the newborn; use of O<sub>2</sub> blender procedure; use of oximeter, administering heated mist to newborn.

**EQUIPMENT LIST:**

1. RDS score sheet
2. Ohio Warming Unit
3. Pulse Oximeter and O<sub>2</sub> analyzer if O<sub>2</sub> used
4. Oxyhood or disposable Foldadome
5. Warm mist set-up.

<b>CONTENT:</b>	<u>PROCEDURE</u>	<u>KEY POINTS</u>
	1. Place baby under warmer.	
	2. DO NOT lower head (Trendelenburg position) of premature baby.	Premature baby at risk of IVH.
	3. Take vital signs and assess neonate.	Monitor AP and R every 15 minutes until stable, or as provider orders.
	4. Notify pediatrician of condition of newborn and nursing assessment.	Anticipate need for x-rays, IVS, septic work-up or possible transfer.